

**March 2019 Week 1 & 2:** The trades shown here are for instructional purposes only. The weekly spread trades occurred in the prior week and are now closed. The results for the directional trades are on closed trades only. Open directional trades profits will be carried over to next week and reported when they close. Investors are responsible for determining the suitability of their investments.

**Trade Comments:**

Date Entered	Symbol	Position	Exit Date	% Profit/Loss on Account Balance	Comments
<b>Directional Trades on Standard Options (closed trades only)</b>					
2/13/19	HES	BC 18APR 52.5 SP	02/27/19	0.19%	Entered trade based on Primary Buy Signal-Day on 2/11, Secondary Buy Signal-Day on 2/12, Morning Star candlestick pattern on 2/7, 2/8 & 2/11 and share price breaking through the 21-day moving average with strong price momentum on 2/12 & 13. Initial stop-loss was below the 21-day and 8-day moving average. Took 1/2 profits on 2/20 at the upper Bollinger Band. Took remaining profits on 2/27 when the share price <b>bounced off the upper Bollinger Band.</b>
2/13/19	ALL	BC 18APR 90 SP	03/04/19	0.06%	Entered trade based on Primary Buy Signal-Day on 2/6, Secondary Buy Signal-Day on 1/29, 7-day moving average was acting as support and share price moved to new highs on 2/13. Initial stop-loss was below the 8-day moving average. Took 1/2 profits on 2/20 to put profits in the bank and reduce risk of share price dropping. Took remaining profits on 3/4 when Bearish-Engulfing candlestick pattern formed.
2/19/19	COF	BC 18APR 77.5 SP	02/28/19	-0.04%	Entered trade based on Primary Buy Signal-Day on 2/12, Secondary Buy Signal-Day on 2/15, Hammer candlestick pattern on 2/18, double bottom acting as chart support from 1/23 to 2/8, Bollinger Band also acting as support and share price breaking through the 21-day moving average with strong price momentum on 2/15 & 19. Initial stop-loss was below the 21-day and 8-day moving average. Trade still open.
2/20/19	DWDP	BC 18APR 52.5 SP	02/28/19	-0.50%	Entered trade based on Primary & Secondary Buy Signal-Day on 2/15, Morning-Star candlestick pattern on 2/7, 2/8 & 2/11, lower Bollinger Band acting as support and share price breaking through the 21-day moving average with strong price momentum on 2/20. Initial stop-loss was below the 21-day and 8-day moving average. Trade still open.
02/21/19	MCD	BC 18APR 175 SP	02/27/19	0.38%	Entered trade based on Primary Buy Signal-Day on 2/14, Secondary Buy Signal-Day on 2/15, chart support forming from 2/7 to 2/15 and share price bouncing off the 21-day moving average with strong price momentum on 2/21, moving to new recent highs. Initial stop-loss was below the 21-day and 8-day moving average. Trade still open.
02/22/19	TECK	BC 18APR 22 SP	02/28/19	-0.32%	Entered trade based on Primary Buy Signal-Day on 2/19, Secondary Buy Signal-Day on 2/21, Morning-Star candlestick pattern on 2/13, 2/14 & 2/15, Bollinger Band acting as support and share price breaking through the 21-day moving average with strong price momentum on 2/22. Initial stop-loss was below the 21-day and 8-day moving average. Trade still open.
02/22/19	PFE	BC 18APR 42 SP	02/28/19	0.06%	Entered trade based on Primary Buy Signal-Day on 2/14, Secondary Buy Signal-Day on 2/15, Morning-Star candlestick pattern on 1/25, 2/28 & 2/29 started uptrend, chart support formed from 2/7 through 2/14 and share price breaking through the 21-day moving average with strong price momentum on 2/15 & 2/19. Share price bounced strongly off 8-day moving average on 2/22 and moved to new recent highs. Initial stop-loss was below the 8-day moving average. Trade still open.

02/26/19 OKE BP 18APR 67.5 SP OPEN

02/27/19 UNH BP 18APR 270 SP 02/28/19 0.86%

02/27/19 HUM BP 18APR 295 SP 02/28/19 0.63%

03/01/19 WBA BP 18APR 67.5 SP 03/07/19 1.14%

03/04/19 CAH BP 18APR 55 SP 03/07/19 0.66%

03/04/19 WDAY BP 18APR 185 SP OPEN

03/04/19 CNC BP 18APR 65 SP 03/07/19 0.49%

03/04/19 FFIV BP 18APR 170 SP 03/07/19 0.58%

03/06/19 PFE BP 18APR 44 SP 03/08/19 0.25%

03/06/19 AON BP 18APR 170 SP OPEN

03/06/19 SRPT BP 18APR 140 SP OPEN

03/06/19 BIIB BP 18APR 330 SP 03/08/19 0.54%

03/07/19 WB BP 18APR 70 SP OPEN

03/07/19 REGN BP 18APR 420 SP 03/08/19 0.72%

Directional Trades Monthly Profit: 5.70% (closed trades only)

# Monthly Directional Trades: 17

# Monthly Profitable trades: 14

Monthly Percent Profitable Weekly Spread Trades: 82.35%

Date Entered	Symbol	Position	Exit Date	% Return on Entire Acct . Bal.	Comments
<b>Vertical Spreads on Weekly Options March Week 1</b>					
3/4/19	NFLX	SP 8MAR 340 SP	EXPIRED	0.33%	
3/4/19	TSLA	SP 8MAR 317 SP	EXPIRED	0.55%	
<b>Vertical Spreads on Weekly Options March Week 2</b>					
03/11/19	GS	SP 8MAR 190 SP	EXPIRED	0.48%	

Weekly Trades Monthly Profit: 1.36%  
 # Weekly Spread Trades: 3  
 Profitable Trades: 3  
 Percent Profitable Trades: 100.00%

**Year-to-Date Results 2019**  
 Profits on Directional Trades: 7.84%  
 Profits on Weekly Spread Trades: 13.30%  
 Total Profits on All Trades: 21.14%  
 Percent Profitable Directional Trades: 76.67%  
 Percent Profitable Weekly Spread Trades: 100%

**Legend**

BC = Bought Call  
 SC = Sold Call  
 BP = Bought Put  
 SP = Sold Put or Strike Price Following the Expiration Date

**Summary for 2018**  
 Profits on Weekly Spread Trades: 21.35%  
 Profits on Directional Trades: 45.43%  
 Total Profits on All Trades: .66.87%  
 Percent Profitable Directional Trades: 69.39%  
 Percent Profitable Weekly Spread Trades: 90.04%

**Broker's Statements**

**Directional Trades**

2/8/19 12:05:01	SINGLE	BUY	+4 TO OPEN	EA	15 MAR 19	90 CALL	8.60	8.60 LMT
2/11/19 08:59:16	SINGLE	SELL	-2 TO CLOSE	EA	15 MAR 19	90 CALL	17.10	17.10 LMT
2/11/19 14:44:12	SINGLE	SELL	-2 TO CLOSE	EA	15 MAR 19	90 CALL	10.05	10.05 LMT
2/12/19 09:05:59	SINGLE	BUY	+4 TO OPEN	NKTR	15 MAR 19	44 PUT	4.20	4.20 LMT
2/12/19 10:08:52	SINGLE	SELL	-2 TO CLOSE	NKTR	15 MAR 19	44 PUT	4.30	4.30 LMT
2/21/19 10:12:55	SINGLE	SELL	-2 TO CLOSE	NKTR	15 MAR 19	44 PUT	4.10	4.10 LMT

**Verticle Spread Trades**

2/11/19 09:00:59	VERTICAL	SELL	-25 TO OPEN	COST	15 FEB 19	215 CALL	.15	.12 LMT
		BUY	+25 TO OPEN	COST	15 FEB 19	220 CALL	.03	CREDIT
2/11/19 11:10:16	VERTICAL	SELL	-25 TO OPEN	AVGO	15 FEB 19	257.5 PUT	.25	.10 LMT
		BUY	+25 TO OPEN	AVGO	15 FEB 19	252.5 PUT	.15	CREDIT