

February 2019 Week 1 & 2: The trades shown here are for instructional purposes only. The weekly spread trades occurred in the prior week and are now closed. The results for the directional trades are on closed trades only. Open directional trades profits will be carried over to next week and reported when they close. Investors are responsible for determining the suitability of their investments.

Trade Comments: 3-day chart pattern is; 1. When the share price breaks below the 21-day moving average on a Primary Sell Signal-Day. 2. Share price trades below the 21-day moving average for one day and then 3. Moves back above the 21-day moving average on a Primary Buy-Signal (see MSFT trade below). The 3-day chart pattern also works in reverse when share price moves up. Use these trades examples as a demonstration of how my strategy works for both Directional Trades and Weekly Spread Trades.

Date Entered	Symbol	Position	Exit Date	% Profit/Loss on Account Balance	Comments
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Directional Trades on Standard Options (closed trades only)

01/08/19	DIS	BC 15FEB19 105 SP	01/30/19	-1.32%	Entered traded based on Primary Buy Signal-Day on 12/26 that started the uptrend, Secondary Buy Signal-Day on 1/2 & 1/4, Morning Star candlestick on 12/21, 24 & 12/26, share price breaking through the 21-day moving average on 1/4 and following through on 1/7 & 1/8 showing strong 3-day price momentum. Stop loss was below the 21-day 8-day moving average. Still in the trade.
01/22/19	CME	BP 15MAR19 180 SP	01/29/19	-0.62%	
1/29/19	CME	BP 15MAR19 190 SP	2/1/19	-1.04%	Entered trade based on Primary Buy Signal-Day on 1/24, Secondary Buy Signal-Day on 1/29, double top acting as chart resistance from 12/31 to 1/23 and share price breaking through the 21-day moving average with strong price momentum on 1/29. Stop loss was above the 21 and 8-day moving average. Share price moved back above the 21-day moving average on 2/1 and hit my stop-loss.
1/31/19	MCD	BP 15MAR19 185 SP	2/4/19	0.24%	Entered trade based on Primary Sell Signal-Day on 1/25, Secondary Sell Signal-Day on 1/3, Bearish Engulfing candlestick pattern on 1/24 & 25, Bollinger Band acting as resistance and share price breaking through the 21-day moving average with strong price momentum on 1/30. Too much volatility on 1/30 so I took the trade the next day on continued share price weakness below the 21-day moving average. Stop loss was above the 21-day and 8-day moving average. Took profits on 2/4 when share price bounced off the lower Bollinger Band support.
1/31/19	NTES	BC 15MAR19 245 SP	2/4/19	-0.40%	Entered trade based on Primary and Secondary Buy Signal-Days on 1/30, bullish Morning Star candlestick pattern on 1/28, 29 & 1/30, and share price breaking through the 21-day moving average with strong price momentum on 1/31. Stop loss was below the 21-day and 8-day moving average. Took profits on 2/4 when the rally began to fail.
2/5/19	MSFT	BC 15MAR19 100 SP	OPEN		Entered trade based on Primary and Secondary Buy Signal-Day on 2/4, bullish Morning Star candlestick pattern on 12/31, 2/1 & 2/4, 3-day chart pattern on 12/31, 2/1 & 2/4 (see explanation in Trading Comments above) and share price breaking through the 21-day moving average with strong price momentum on 2/4 & 5. Stop loss was below the 21 & 8-day moving average. Exited trade on 2/11 due to lack of strength in share price movement.
2/6/19	NTKR	BC 15MAR19 43 SP	OPEN		Entered trade based on Primary & Secondary Buy-Signal day on 2/5, 21-day moving average acting as support and share price bouncing off the 21-day moving average with strong price momentum on 2/5 & 6. Stop loss was below the 21-day and 8-day moving average. Trade still open.
2/7/19	BIIB	BP 15MAR19 325 SP	2/8/19	0.71%	Entered trade based on Primary & Secondary Sell-Signal day on 2/7, Bearish Engulfing candlestick pattern on 2/5 & 6 and share price breaking through the 21-day moving average with very strong price momentum on 2/7. Entered the trade when the share price moved below the low of 1/30. Stop loss was above the 8-day moving average. Took profits on 2/8 after share price moved below the lower Bollinger Band and began to rebound and I wanted to bank my profits.
2/8/19	EA	BC 15MAR19 90 SP	OPEN		Entered trade based on Primary & Secondary Buy-Signal day on 2/7, bullish Morning Star candlestick pattern on 2/5, 6 & 2/8, and share price breaking through the 21-day moving average with very strong price momentum on 2/8. Entered the trade when the share price moved above chart resistance going back to 1/18. Stop loss was below the 21 & 8-day moving average. Trade still open.

Directional Trades Monthly Profit:	-2.43%	(closed trades only)
# Monthly Directional Trades:	6	
# Monthly Profitable trades:	2	
Monthly Percent Profitable Weekly Spread Trades:	33.33%	

Date Entered	Symbol	Position	Exit Date	% Return on Entire Acct Bal	Comments
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Vertical Spreads on Weekly Options February Week 1

1/28/2019	AVGO	SP 1FEB19 250 SP BP	EXPIRED	0.31%	Entered trade based on Primary Buy Signal-Day on 1/18, Secondary Buy Signal-Day on 1/9 and 8-day moving average acting as support. Took trade when share price moved back above the 8-day moving average. Stop loss for the trade were below the 21-day moving average.
1/28/2019	NTES	SC 1FEB19 260 SP BC	EXPIRED	0.69%	Entered trade based on Primary Sell Signal-Day on 1/18, Secondary Sell Signal-Day on 1/24, Inverted Hammer candlestick on 1/18, small double top from 1/9 to 1/18 acting as chart resistance and share price breaking through the 21-day moving average on 1/24 & 1/28. Strike prices for trade were just inside the upper Bollinger Band and above chart resistance.
1/28/2019	SPLK	SP 1FEB19 113 SP BC	EXPIRED	0.69%	Entered trade based on Primary Buy Signal-Day on 1/25, the 8-day moving average acting strong support and share price bouncing off the 8-day moving average on 1/28 in early trading. Strike prices for trade were below the 21-day moving average.
1/29/2019	HCA	SP 1FEB19 129 SP BP 126 SP	EXPIRED	0.50%	Entered trade based on Primary & Secondary Buy Signal-Days on 1/29, Hammer candlestick pattern on 1/28, and share price breaking back above the 8-day moving average on 1/29 on strong earnings report before the market opened. Strike prices for trade were below the 21-day moving average.

1/29/2019 Bull Put	MMM SP	SP 1FEB19 185 SP BP 180	EXPIRED	0.54%	Entered trade based on Primary Buy Signal-Day on 1/25, Secondary Buy Signal-Day on 1/29, Morning Star candlestick on 1/25, 28 & 1/29, 8-day moving average acting as support and share price bouncing off the 8-day moving average on 1/9 on strong earnings report before the market opened. . Strike prices for trade were below the lower Bollinger Band.
1/29/2019 Bull Put	WHR 2P	SP 1FEB19 116 SP BP 113	EXPIRED	0.31%	Entered trade based on Primary & Secondary Buy Signal-Days on 1/29, Bullish Harami candlestick 1/23 & 24, small double bottom acting as chart support/resistance from 11/23 to 1/29 and share price bouncing off the 21-day moving average on 1/29 on good earning report the previous day. Strike prices for trade were below the 21-day moving average.

Vertical Spreads on Weekly Options February Week 2

No opportunities found

Weekly Trades Monthly Profit: 3.04%
 # Weekly Spread Trades: 6
 Profitable Trades: 6
 Percent Profitable Trades: 100.00%

Year-to-Date Results 2019
 Profits on Directional Trades: -.46%
 Profits on Weekly Spread Trades: 5.94%
 Total Profits on All Trades: 5.58%
 Percent Profitable Directional Trades: 66.27%
 Percent Profitable Weekly Spread Trades: 100%

Legend

BC = Bought Call

SC = Sold Call

BP = Bought Put

SP = Sold Put or Strike Price Following the Expiration Date

Summary for 2018
 Profits on Weekly Spread Trades: 21.35%
 Profits on Directional Trades: 45.43%
 Total Profits on All Trades: .66.87%
 Percent Profitable Directional Trades: 69.39%
 Percent Profitable Weekly Spread Trades: 90.04%

**Broker Statements
Directional Trades**

1/7/19 10:30:18	SINGLE	BUY	+2	TO OPEN	ICPT	15 FEB 19	100	CALL	18.20	18.20	LMT
1/8/19 08:38:24	SINGLE	BUY	+2	TO OPEN	ADSK	15 FEB 19	125	CALL	13.70	13.70	LMT
1/8/19 08:40:41	SINGLE	BUY	+4	TO OPEN	DIS	15 FEB 19	105	CALL	8.70	8.70	LMT
1/8/19 11:17:24	SINGLE	SELL	-1	TO CLOSE	ICPT	15 FEB 19	100	CALL	19.00	19.00	LMT
1/9/19 08:40:38	SINGLE	BUY	+4	TO OPEN	ADI	15 FEB 19	85	CALL	5.10	5.10	LMT
1/11/19 10:08:53	SINGLE	SELL	-1	TO CLOSE	ADI	15 FEB 19	85	CALL	6.20	6.20	LMT
1/9/19 09:20:21	SINGLE	BUY	+2	TO OPEN	FB	15 FEB 19	135	CALL	13.10	13.10	LMT

Vertical Spreads

1/7/19 08:36:39	VERTICAL	SELL	-4	TO OPEN	BA	11 JAN 19	302.5	PUT	.72	.14	LMT
		BUY	+4	TO OPEN	BA	11 JAN 19	300	PUT	.58		CREDIT
1/7/19 11:09:32	VERTICAL	SELL	-20	TO OPEN	BA	11 JAN 19	302.5	PUT	.45	.15	LMT
		BUY	+20	TO OPEN	BA	11 JAN 19	297.5	PUT	.30		CREDIT
1/7/19 10:45:16	VERTICAL	SELL	-40	TO OPEN	BIIB	11 JAN 19	295	PUT	.65	.10	LMT
		BUY	+40	TO OPEN	BIIB	11 JAN 19	292.5	PUT	.55		CREDIT
1/7/19 10:37:39	VERTICAL	SELL	-20	TO OPEN	TSLA	11 JAN 19	287.5	PUT	.43	.12	LMT
		BUY	+20	TO OPEN	TSLA	11 JAN 19	282.5	PUT	.31		CREDIT

SUMMARY: